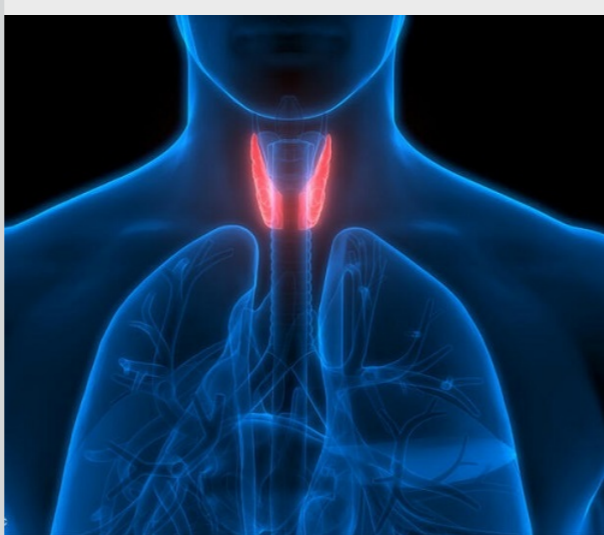


# Endocrinology Physician Update

February 2023

## Patient Care



### New guidelines to treat patients with hyperparathyroidism

Primary hyperparathyroidism is being increasingly diagnosed based on biochemical parameters, rather than overt symptoms and consequences of hypercalcemia.

[Learn more](#)



### New edition of No. 1 New York Times Bestseller, The Mayo Clinic Diet

Now in its third edition, The Mayo Clinic Diet maps out a weight-loss program that helps people learn science-based habits to losing weight and keeping it off.

[Learn more](#)

[See more Endocrinology news](#)

[View Endocrinology specialty videos and Grand Rounds presentations](#)

## Research



### Immunoassay, key component in hypoglycemia work-up

Mayo Clinic multidisciplinary team performed analytical validation of a liquid chromatography high-resolution accurate mass (LC-HRAM) immunoassay to detect insulin analogs and human insulin in patients.

[Learn more](#)



### Thyroid eye disease clinical studies

A clinical study in phase 2b evaluates the safety and tolerability of linsitinib in patients with active, moderate-to-severe thyroid eye disease (TED). A second post-marketing requirement study assesses the safety, effectiveness and need for re-treatment of three different teprotumumab treatment durations for TED.

[Learn more](#)

[See all Endocrinology Clinical Trials at Mayo Clinic](#)

## Education

Mayo Clinic School of Continuous Professional Development offers [live courses](#), [livestreaming courses](#), [online continuing medical education \(CME\) courses](#) and [podcasts](#) to meet your CME needs.

[See all Endocrinology Continuing Medical Education courses](#)



### 23rd Annual Nutrition and Wellness in Health and Disease 2023

Sept. 28-30, 2023  
Scottsdale, Ariz., and Livestream

Participants learn about clinical topics that are introduced through presentations, interactive case studies and panel discussion led by faculty selected for their expertise, knowledge and clinical acumen.

[Register Now](#)



### Principles in the Care of Transgender and Intersex Patients 2023

Oct. 12-14, 2023  
Jacksonville, Fla., and Livestream

This course offers cutting-edge perspectives and practical evidence-based principles for working with transgender and intersex individuals to help participants apply the knowledge and skills needed to provide gender-affirming care across settings.

[Register Now](#)

## COVID-19 Updates and Resources

[Read more](#)

## Consults and Referrals

Phoenix/Scottsdale, Arizona  
866-629-6362

Jacksonville, Florida  
800-634-1417

Rochester, Minnesota  
800-533-1564

[Online Referrals](#)

## Resources

[Life-Changing Careers](#)

[Clinical Trials](#)

[Mayo Clinic School of Continuous Professional Development](#)



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