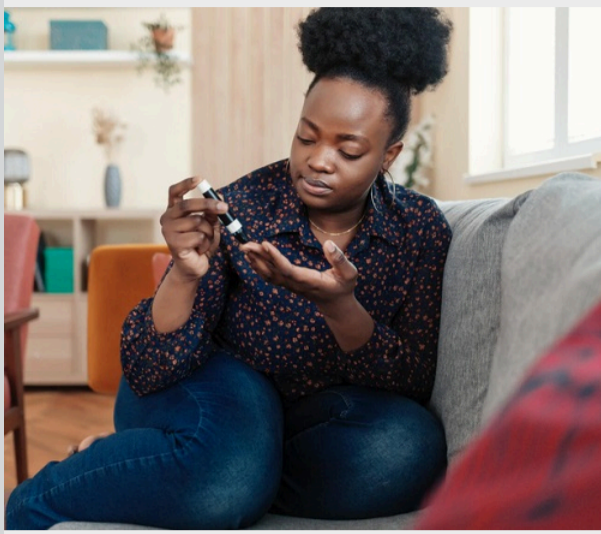


Endocrinology Physician Update

December 2024

Research



Using subcutaneous pasireotide in patients with postbariatric surgery hypoglycemia

Postbariatric hypoglycemia is an uncommon and challenging condition that primarily occurs after Roux-en-Y gastric bypass. A new study aims to determine how pasireotide changes blood glucose concentrations.

[Learn more](#)



Unilateral adrenalectomy shows promising outcomes

Traditionally, unilateral adrenalectomy has been offered only to patients with unilateral disease, while treatment options for patients with bilateral idiopathic aldosteronism (IHA) have been limited. A recent Mayo Clinic study reveals promising outcomes for unilateral adrenalectomy in select patients with IHA.

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Patient Care

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Education

Mayo Clinic School of Continuous Professional Development offers [live courses](#), [livestreaming courses](#), [online continuing medical education \(CME\) courses](#) and [podcasts](#) to meet your CME needs.

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Endocrine Update 2025 Feb. 3-7, 2025 Waikoloa, Hawaii, and Livestream

This program consists of lectures, small groups, panel discussion, and debate formats covering best practices, barriers to optimal patient outcomes and new approaches to the evaluation and management of complex and common endocrine disorders.

[Register Now](#)



25th Annual Nutrition and Wellness in Health and Disease Sept. 18-20, 2025 Indian Wells, Calif., and Livestream

Nutrition, physical activity and other healthy lifestyle behaviors are vital components in the promotion of health and in the treatment of disease. This program highlights ambulatory nutrition and wellness topics with multidisciplinary faculty.

[Register Now](#)

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